

Oregon School Activities Association

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Excerpt from 2014-15 OSAA Handbook, Executive Board Policies

15. Concussion Management

(Concussion-Return to Participation Medical Release)

(Fall 2014)

- A. Member Public School's Responsibilities (Max's Law, ORS 336.485 and OAR 581-022-0421)
 - 1) <u>Suspected or Diagnosed Concussion</u>: Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body, or who has been diagnosed with a concussion, shall not be permitted to return to that athletic contest or practice, or any other athletic contest or practice on that same day. In public school districts which have the services of an athletic trainer registered by the Oregon Board of Athletic Trainers, that athletic trainer may determine that an athlete has not exhibited signs, symptoms, or behaviors consistent with a concussion, and has not suffered a concussion, and return the athlete to play. Public school athletic trainers may also work in consultation with an appropriate Health Care Professional (see below) in determining when an athlete is able to return to play following a concussion.
 - 2) Return to Participation: Until an athlete who has suffered a concussion is no longer experiencing signs, symptoms, or behaviors consistent with a concussion, and a medical release form signed by an appropriate Health Care Professional (Physician (MD), Physician's Assistant (PA), Doctor of Osteopathic (DO) licensed by the Oregon State Board of Medicine, nurse practitioner licensed by the Oregon State Board of Nursing, or Psychologist licensed by the Oregon Board of Psychologist Examiners) is obtained, the athlete shall not be permitted to return to athletic activity.
- B. Member Private School's Responsibilities (Jenna's Law, ORS 417.875) (Concussion-Private School Informed Consent)
 - 1) <u>Concussion Private School Informed Consent Form</u>: On an annual basis prior to participation, private schools shall require each student and at least one parent or legal guardian of the student to sign the Concussion Private School Informed Consent form acknowledging the receipt of information regarding symptoms and warning signs of concussions. Private schools shall maintain a copy of each student's signed form on file for review at any time by OSAA staff.
 - 2) <u>Suspected or Diagnosed Concussion</u>: Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body, or who has been diagnosed with a concussion, shall not be permitted to return to that **athletic** contest **or practice**, or any other athletic contest or practice on that same day.
 - 3) Return to Participation: Until an athlete who has exhibited signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body or who suffered a concussion is no longer experiencing signs, symptoms, or behaviors consistent with a concussion, and a medical release form signed by an appropriate Health Care Professional (Physician (MD), Physician's Assistant (PA), Doctor of Osteopathic (DO) licensed by the Oregon State Board of Medicine, nurse practitioner licensed by the Oregon State Board of Nursing, or Psychologist licensed by the Oregon Board of Psychologist Examiners) is obtained, the athlete shall not be permitted to return to athletic activity.

C. Official's Responsibilities

Public School vs. Public School Contests: An official shall remove a player from a contest when that player exhibits signs, symptoms or behaviors consistent with a concussion due to an observed or suspected blow to the head or body. The official shall document and notify the head coach or his/her designee making sure that the head coach or designee understands that the player is being removed for exhibiting signs, symptoms or behaviors consistent with a concussion as opposed to behavior, a non-concussive injury or other reasons. The official is not responsible for evaluation or management of the player after he/she is removed from play. The official does not need written permission for a player to return nor does the official need to verify the credentials of the appropriate health care professional who has cleared the player to return. The responsibility of further evaluating and managing the symptomatic player falls upon the school and appropriate health care professionals.

- 2) Private School vs. Private School Contests: An official shall remove a player from a contest when that player exhibits signs, symptoms or behaviors consistent with a concussion due to an observed or suspected blow to the head or body. The official shall document and notify the head coach or his/her designee making sure that the head coach or designee understands that the player is being removed for exhibiting signs, symptoms or behaviors consistent with a concussion as opposed to behavior, a non-concussive injury or other reasons. The official may not allow a player to participate in a contest during which the player exhibited signs, symptoms or behaviors consistent with a concussion following an observed or suspected blow to the head or body.
- 3) <u>Public School vs. Private School Contests</u>: An official shall remove a player from a contest when that player exhibits signs, symptoms or behaviors consistent with a concussion due to an observed or suspected blow to the head or body. The official shall document and notify the head coach or his/her designee making sure that the head coach or designee understands that the player is being removed for exhibiting signs, symptoms or behaviors consistent with a concussion as opposed to behavior, a non-concussive injury or other reasons. For Public School students, the official shall follow the guidelines listed above for Public School vs. Public School contests. For Private School students, the official shall follow the guidelines listed above for Private School vs. Private School contests.

Listing of OSAA Full Member Private Schools (as of 09/10/14)

Blanchet Catholic School

C.S. Lewis Academy

Canyonville Christian Academy
Cascade Christian High School

Catlin Gabel School

Central Catholic High School Central Christian High School

City Christian Schools

Columbia Christian High School Columbia County Christian School Country Christian High School Crosshill Christian School

Damascus Christian High School

De La Salle North Catholic

Delphian School

East Linn Christian Academy
Faith Bible High School
Horizon Christian School
Horizon Christian High School
Hosanna Christian School

Jesuit High School

La Salle Catholic College Preparatory

Life Christian School

Livingstone Adventist Academy Logos Christian High School

Marist High School
Milo Adventist Academy

New Hope Christian High School

North Clackamas Christian High School

Oak Hill School

Open Door Christian Academy

Oregon Episcopal School Portland Adventist Academy Portland Christian High School Portland Lutheran High School

Portland Waldorf School

Regis High School

Rogue Valley Adventist Academy

Salem Academy

Santiam Christian High School Southwest Christian High School St. John Bosco High School

St. Mary's Academy St. Mary's High School St. Stephens Academy

Triad School

Trinity Lutheran High School

Umpqua Valley Christian High School

Valley Catholic High School

Veritas School

Western Mennonite High School Westside Christian High School

Willamette Valley Christian High School